

Krav Maga New York Teaches Defensive Tactics To Law Enforcement at LE Tactical Expo & Conference

Krav Maga, the official Self Defense and Fighting system of the Israeli Army, renowned worldwide for its effectiveness against real life violent encounters, is being taught to Law Enforcement.

Somers, NY ([PRWEB](#)) June 10, 2009 -- In April, [Krav Maga New York](#) kicked off back-to-back seminars at NYTOA's 2009 annual Expo & Conference held in Turning Stone Resort and Casino. The participating Law Enforcement officers were introduced to the Israeli Fighting and Self Defense system known as Krav Maga. Certified Force Training Instructors taught seminars featuring Edge Weapon Defenses on day one, followed by Weapon Retention on day 2.

Krav Maga was originally created for the Israeli Defense Force (IDF). It emerged in an environment where extreme violence was common. Over time, this system has been repeatedly tested and improved under real-life conditions. No defensive tactics system is more street and battle-tested than Krav Maga.

The Krav Maga system has received international recognition as a highly practical defensive tactics system well suited for law enforcement. Based on instinctive movements, the simple, effective, and aggressive techniques require minimal training time and yield maximum retention, even under stress. The training is designed to improve the officers' emotional and physical response to danger. The system deals with scenarios where operators face life-threatening situations while unarmed or in situations where higher force options can't be accessed. From this perspective, the operator must respond with fast, aggressive, defensive techniques and combative strikes until help is acquired. These methods also develop the ability to recognize danger at the earliest stages, react without hesitation, and escalate plus de-escalate with the appropriate level of force.

[NYTOA](#) seminar participants had this to say:

"Excellent class. It certainly gets officers from departments that don't keep up on street survival skills a great working knowledge on how to keep the mindset." I have never been to another seminar like this." -- Mark F., Rotterdam PD

"This was the most realistic hand to hand combat course I've taken. The instructors were both knowledgeable and helpful. This class should be taught to every law enforcement officer" -- Joseph W., NYPD / ESU (retired)

"This was by far the best self defense / offense seminar that I have attended. The class was presented safely but with a high enough intensity that learning didn't stop." -- Don T., Town of Malius PD

"As Instructors you guys were very thorough, to the point, and personable." -- Sam D., Broom County Sheriff

Krav Maga New York is located on Route 100 in Somers, NY, where it currently offers group classes that are open to both civilians and law enforcement personnel. Krav Maga New York is actively looking for a dedicated Law Enforcement Training facility that will serve Dutchess / Orange Counties and expects to launch that program later this year.

To meet the Instructors and view a class, interested parties can contact Krav Maga New York at (888) 456-0476. Additional information and a Getting Started kit can also be found online. Krav Maga New York is a licensee of Krav Maga Worldwide.

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