

Free Krav Maga based Anti-Abduction and Self Defense Seminar For Kids Wants To Make Children “Snatch Proof!”

Daive’s Yorktown Total Fitness Center an Official Krav Maga™ Training Center located in Yorktown Heights, NY is pre-launching its Kids km-X program, a special child friendly version of the popular and effective Krav Maga™ (krahv muh-GAH) self defense system during its Grand-Reopening. Sunday October 15, 2006

Yorktown Heights, NY ([PRWEB](#)) September 12, 2006 - Free Krav Maga based Anti-Abduction and Self Defense Seminar For Kids Wants To Make Children “Snatch Proof.”

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To celebrate this launch and to introduce Kid’s Krav Maga™ to the Yorktown area, Yorktown Fitness Center will host a free life changing and life-saving seminar for parent’s and kids to combat ever increasing and frightening levels of nationwide child abductions. The event is open to kids age four to 14 and their parent’s.

Parent’s and families everywhere are affected by news of missing children. According to a NISMART-2 study conducted by the U.S. Department of Justice's Office of Juvenile Justice and Delinquency Prevention in 1999, there were an estimated 797,500 children reported missing with more than 58,200 children reported as abducted by strangers.

To encourage awareness, prevention and safety, children will be taught easy to learn techniques and concepts of situational avoidance, detecting stranger danger, basic self defense and releases, strikes, getaways, escape plans and who to run to for help. Children will be taught how to fight and get away. The goal is to make this situational training as real as possible without making it scary. “This is the best program for kids to be a part of because not only does it focus on Self-defense, but awareness, safety and FUN!” - Davide Gristina, Owner/Head Instructor.

This fun, free and interactive live-training session will include handouts and other resources including complimentary Child ID’s (for photos, fingerprints and important descriptive emergency info) and refreshments will be served.

Event Date: Sunday October 15, 2006 (Limited space. Registration required).

Time: 1PM to 3PM

Attire: Comfortable clothing, workout gear, sneakers

Location: Daive’s Yorktown Total Fitness Center, An Official Krav Maga Training Center, 1761 Front Street, Yorktown Heights, NY 10598

Web: www.YorktownFitnessCenter.com/

To Reserve Spots Guests Should Contact: 914-302-7392 extension 202 or 201 (Chris Allison)

About Davide's Yorktown Fitness Center

Davide's Yorktown Total Fitness is a 15,000 square foot, fully equipped workout facility located in Yorktown Heights, NY with a mission to provide unparalleled programs, training, and support to its members and community.

About Krav Maga™

Krav Maga™ is the official self defense system of the Israeli military, and has been adopted and taught to over 400 federal, state, and local law enforcement agencies in the United States. It has also been taught to thousands of civilians of all ages including celebrities: Jennifer Lopez, Angelina Jolie, Christian Bale (Batman) and more. Krav Maga™ is recognized as the most efficient self-defense system for real life situations. This modern, streetwise, ever-evolving self-defense training method is comprised of simple yet effective techniques which are based on natural movements and reflexes.

Press contact for interviews and demonstrations: Chris or David 914-302-7392

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Contact Information**Chris**

Davide's Yorktown Fitness Center

<http://www.YorktownFitnessCenter.com>

914-302-7392

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