	Level 1 Midterm B **Date:_____** **Instructor:_____**	**Straight Punch with Advance**	**Straight Punch with Retreat**	**Straight Punch Low**	**Palm Heel Strike**	**Eye Strike**	**Hammerfist Forward**	**Hammerfist Downward**	**Elbows 4-7**	**Round Kick**
1a.										
1b.										
2a.										
2b.										
3a.										
3b.										
4a.										
4b.										
5a.										
5b.										
6a.										
6b.										
7a.										
7b.										
8a.										
8b.										
9a.										
9b.										
10a.										
10b.										

	Level 1 Midterm B **Date:_____** **Instructor:_____**	**Inside Defense**	**Inside Def. v. Straight Punch Lo**	**Choke Front (1-handed)**	**Choke from the Side**	**Choke Front with Push**	**Choke Behind with Push**	**Headlock from Behind**	**Ground - Side Position**	**Ground - Side Kick**
1a.										
1b.										
2a.										
2b.										
3a.										
3b.										
4a.										
4b.										
5a.										
5b.										
6a.										
6b.										
7a.										
7b.										
8a.										
8b.										
9a.										
9b.										
10a.										
10b.										