

	Level 5 Midterm D Date: _____ Instructor: _____						
		Overhand Right Punch	Full Nelson - finger strip	Full Nelson - throw	Full Nelson - sweep	Gun from Behind at a Distance	Gun from the Front, 2 handed technique
1a.							
1b.							
2a.							
2b.							
3a.							
3b.							
4a.							
4b.							
5a.							
5b.							
6a.							
6b.							
7a.							
7b.							
8a.							
8b.							
9a.							
9b.							
10a.							
10b.							